



## Nan, Paratha and Roti

**Nan** ..... £1.95  
leavened bread cooked in the tandoor

**Keema Nan** ..... £3.50  
leavened bread stuffed with spiced minced meat

**Kulcha Nan** ..... £2.95  
leavened bread stuffed with mildly spiced onions

**Nan-a-Magajia** ..... £2.95  
leavened bread stuffed with spiced paneer (Indian cheese)

**Peshwari Nan** ..... £3.50  
leavened bread stuffed with almonds

**Garlic Nan** ..... £2.95  
leavened bread cooked with fresh garlic

**Paratha** ..... £1.95  
a plain unleavened bread

**Stuffed Paratha** ..... £2.95  
unleavened bread stuffed with mildly spiced vegetables

**Tandoori Roti (chapati)** ..... £1.50

**Puri** ..... £1.50  
deep fried fluffy bread

## Rice

**Plain Rice** ..... £1.95

**Pilau Rice** ..... £2.50

**Special Fried Rice** ..... £3.25  
with eggs and peas

**Keema Pilau** ..... £3.50

**Vegetable Pilau** ..... £2.95

**Mushroom Rice** ..... £2.95

**Lemon Rice** ..... £2.95

**Garlic Rice** ..... £2.95

## English Dishes

**Chicken Salad** ..... £7.25

**Prawn Salad** ..... £7.95

**Fried Scampi** ..... £7.95  
served with chips

**American Fried Chicken** ..... £7.95  
served with chips

**Chips** ..... £2.50  
A fried potato dish of French-Belgian origin, which was also served to the English Royal family in the 18th century. It became popular in the north of England and London in the 19th century. Charles Dickens wrote about chips in 1838. Joseph Malin of London was thought to have "invented" the popular fish and chips dish in 1860.



## FREE BOTTLE OF WINE

with all delivery orders over £40

## FREE DELIVERY

on all orders over £10

## 10% DISCOUNT

on takeaway collections over £10 until 10.30pm

3-5 Portland Street, Cheltenham,  
Gloucestershire GL52 2NZ

**01242 221 334**  
email [dine@theeverest.co.uk](mailto:dine@theeverest.co.uk)

## Opening Hours

Lunch - Noon till 2.00pm (Except Sunday)

Dinner - 6.00pm till 12.00am

Every Day inc bank holidays

Open till 12:30am Friday and Saturday



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Papadoms (4) .....	£2.50
Masala Papadom (4) .....	£2.50
Assorted Pickles Tray .....	£1.75

## Starter Dishes

Served with a salad and mint sauce

Onion Bhaji (2) .....	£2.95
Garlic Mushroom .....	£3.50
Brinjal Bhaji Puri .....	£3.50
Vegetable Platter .....	£4.50
Paneer Pakorah .....	£3.95
Garlic Chilli Paneer .....	£3.95
Meat or Veg Samosas (2) .....	£2.95
Chicken Tikka .....	£3.75
Chicken Pakora .....	£3.95
Chicken Wings .....	£3.50
Tandoori Chicken (1/4) .....	£3.75
Lamb Tikka .....	£3.95
Lamb Tikka Chat .....	£4.50
Sheekh Kebab .....	£3.95
Lamb Chops (2) .....	£4.50
Mixed Starter .....	£4.50
Prawn Cocktail .....	£4.25
Prawn Puri .....	£4.25
King Prawn Shuka .....	£4.50
Tandoori Fish .....	£4.50
Mushroom Khumbi <b>NEW</b> .....	£3.95

## Balti Dishes

Special dishes cooked with fresh coriander, green pepper and fenugreek seeds – believed to originate from Baltistan (northern Pakistan).

Mixed Vegetable Balti .....	£6.50
Chicken Balti .....	£6.95
Lamb Balti .....	£7.50
Sag Chicken Balti .....	£7.50
Sag Lamb Balti .....	£7.50
Lamb Bengan Balti (aubergine) .....	£7.50
Chicken & Mushroom Balti .....	£7.50
Lamb & Mushroom Balti .....	£7.50
Prawn Balti .....	£7.50
King Prawn Balti .....	£10.95
Garlic Chicken Balti .....	£7.25

## Tandoori Dishes

Tandoori dishes are cooked in their own juices and are often a very healthy option.

Tandoori Chicken .....	(half) £6.95
.....	(full) £11.95

Tender chicken marinated and cooked with mild spices with yoghurt.

Chicken Tikka .....	£6.95
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Tender pieces of chicken served off the bone, cooked with mild spices.

Shashlick .....	£7.95
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Succulent pieces of mildly spiced chicken, onions, capsicum and tomatoes.

Lamb Tikka .....	£7.50
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Tender pieces of mildly spiced lamb

Hasina .....	£8.50
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Tender pieces of marinated lamb, capsicum, tomatoes & onions.

Sheekh Kebab .....	£7.50
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Minced lamb or mutton mixed with herbs and spices.

Tandoori Mixed Grill .....	£12.95
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A feast of chicken, king prawn, chicken, lamb tikka & sheekh kebab.

Tandoori King Prawn .....	£12.95
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Marinated succulent king prawns.

Tandoori Fish .....	£8.50
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Seasonal fish marinated with special herbs and spices.

Lamb Chops .....	£7.95
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Lamb marinated in herbs, spices and served with a curry sauce.

Paneer Shashlick .....	£7.50
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Mild paneer (like mozzarella) with onions, capsicum and tomatoes.



## Chef's Specialities

These dishes are specially prepared by our chef for people who enjoy good food. Meat, herbs and spices are cooked harmoniously to give natural taste of meat with a rich flavour of spices.

Chicken Tikka Masala .....	£7.50
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Barbecued Chicken Tikka, cooked in a mild spiced sauce of cream and almonds.

Butter Chicken .....	£7.95
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Marinated pieces of tandoori grilled whole chicken, cooked off the bone in a mildly spiced butter-based sauce.

Chicken Tikka Bhuna .....	£7.50
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Marinated pieces of boneless tandoori chicken cooked and served in an aromatic sauce.

Chicken/Lamb Badam Pasanda .....	£7.95
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A mild dish of tandoori chicken or lamb pieces, served in a sauce with cream, spices herbs and almonds.

Bhuna Murgh .....	£7.95
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Tandoori Chicken marinated then cooked off the bone with herbs and spices.

Kharai Chicken .....	£7.50
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Chicken pieces cooked with spices and served in a traditional metal Kharai.

Kharai Lamb .....	£7.95
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Lamb pieces cooked with spices and served in a traditional metal Kharai.

Kharai Methi Lamb .....	£8.50
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Lamb pieces and fresh fenugreek leaves, cooked with spices.

Everest Mixed Grill Delight .....	£12.95
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Tandoori Mixed Grill and salad garnished with a thick spicy sauce.

Lamb Achari (hot) .....	£7.95
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Lamb cooked with traditional spicy sauce with added special mixed pickle – resulting in a piquant flavour.

Everest Special .....	£8.95
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Grilled pieces of chicken, cooked with minced lamb in mild flavoured spices, garnished with boiled eggs.

Chicken Adrakhi .....	£8.50
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Marinated pieces of tandoori chicken in a ginger based aromatic gravy.

Murgh Losmari (hot) .....	£8.50
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Garlic chilli tandoori chicken cooked off the bone in a hot and spicy sauce of garlic and chillies.

Kharai Mughlai Pahadi (hot) .....	£8.50
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Chicken, lamb and prawns with fresh chillies, garlic, ginger, tomatoes, capsicum, onions, cooked with hot herbs and spices.

Chicken Jalfrezi (hot) .....	£7.95
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Marinated pieces of boneless tandoori chicken cooked with onion, capsicum, tomatoes and green chillies.

Lamb Jalfrezi (hot) .....	£7.95
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Marinated pieces of tandoori lamb cooked with onion, capsicum, tomatoes and green chillies.

Shahi Chicken or Lamb Korma .....	£7.95
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Chicken pieces cooked in a yoghurt based sauce with very mild spices.

King Prawn Masala .....	£12.95
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Tandoori king prawns served with a butter based sauce of cream & tomatoes.

Muglai Biryani .....	£11.95
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Rice cooked with chicken, meat and prawns, served with a vegetable sauce.

Namak Gosht <b>NEW</b> .....	£8.95
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An authentic Afghanistan lamb dish.

Dum Gosht <b>NEW</b> .....	£9.50
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Marinated lamb gently steam cooked with fresh mint, fresh ginger and coriander.

Murghi Kofta <b>NEW</b> .....	£7.95
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Minced chicken meat balls cooked in a special onion and butter based sauce.

Nawaabi Murgh <b>NEW</b> .....	£8.50
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A royal chicken dish with a fresh chilli, coriander and mint creamy sauce.

Jal Pari <b>NEW</b> .....	£8.50
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Sauteed marinated salmon fish fillet served with a special sauce.

Pollock Steak <b>NEW</b> .....	£11.95
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Pollock fish with a ginger and garlic creamy sauce served with peppery mashed potatoes.

## Vegetable Dishes

### Vegetable Specialities

Kashmiri Khatta Paneer .....	£6.95
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Indian cheese cooked in Chef's special tangy tomato based sauce.

Garlic Bengan Subji .....	£6.25
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Aubergine

Balti Mutter Paneer .....	£6.25
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Peas and cheese

Mixed Vegetable Curry .....	£6.25
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Mixed Vegetable Jeera .....	£6.50
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Cumin

Mutter Paneer Pasanda .....	£6.95
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Mixed Vegetable Kharai .....	£6.95
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### Vegetable Side Dishes

Chana Masala .....	£3.50
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Chick peas

Bhindi Bhaji .....	£3.50
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Okra

Mushroom Bhaji .....	£3.50
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Aloo Gobi .....	£3.95
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Potatoes and cauliflower

Sag Aloo .....	£3.95
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Spinach and potatoes

Bombay Potatoes .....	£3.50
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Tarka Dahl .....	£3.50
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Lentils

Khatta Brinjal .....	£3.50
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Aubergine with lemon and tamarind

Mixed Raitha .....	£2.75
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Yoghurt with onions and cucumber

Dahi .....	£2.50
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Yoghurt

Dahi Aloo .....	£3.95
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Spicy potatoes cooked with a special yoghurt based sauce.

## Biryani Dishes

Biryani is ideal for newcomers to Indian cuisine. It is rich, rice-based dish with bay leaves, saffron, coconut, tomatoes, caramelised onions and herbs. It is served with a vibrant sauce that will also appeal to indian cuisine aficionados.

Vegetable Biryani .....	£6.95
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Chicken Biryani .....	£7.95
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Lamb Biryani .....	£8.95
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Prawn Biryani .....	£8.95
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Chicken Tikka Biryani .....	£9.50
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King Prawn Biryani .....	£10.50
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## Traditional Curry Dishes

Vegetable Dishes .....	£6.50
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Chicken Dishes .....	£6.50
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Lamb Dishes .....	£6.75
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Prawn Dishes .....	£6.95
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King Prawn Dishes .....	£10.95
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### Curry, Madras and Vindaloo Dishes

A sauce of medium consistency, produced from a wide range of oriental spices giving a rich flavour. Please specify the strength – medium curry, hot madras, very hot vindaloo.

### Rogan Josh Dishes

These unique dishes use tomatoes, pimientoes and onions fried to produce a dish of medium strength.

### Dhansak Dishes

A Persian origin piquant dish cooked with lentils, lemon juice and fresh spices.

### Bhuna Dishes

A combination of spices sauteed with capsicum, onions and tomatoes to provide a dish of medium strength. Rather “dry” consistency compared with curry.

### Dupiazza Dishes

A sauteed medium strength preparation of fresh onions, black pepper, coriander, cinnamon, bay leaves and cardamoms.

### Korma Dishes

A preparation of mild spices with fresh cream and butter creating a delicate creamy flavour. A suitable dish for newcomers to Indian cuisine.

